

Sausage Egga Muffin

- 1 Egg**
- 2 Brown And Serve Sausages**
- 1 Slice American Cheese (or Cheese Of Your Choice)**
- 1 English Muffin**
 - Butter And Margarine**

Split English muffin, place into toaster and toast.

Place the 2 sausages on small plate, cook in microwave 1 minute.

Take small bowl, with napkin, rub margarine onto/into bowl.

Break egg into bowl, whisk / stir so yoke mixes well.

Put egg into microwave, cover bowl w/ napkin, cook 40 seconds.

Carefully slice sausages down middle creating 4 long pieces.

Place on top of egg, place a slice of cheese onto egg.

Cook another 15 seconds.

If desired? Lightly butter muffin halves.

Slide egg from bowl onto a muffin, then cover top with muffin half.